



# British Taekwondo Council

## Administration

192 High Street, West Drayton

Middlesex. UB7 7BE ENGLAND

Tel: 01895 459949 • Fax: 01895 430257

Email: [admin@tkdcouncil.com](mailto:admin@tkdcouncil.com) • Website: [www.tkdcouncil.com](http://www.tkdcouncil.com)

Notice: 16<sup>th</sup> October 2020

## BTC COVID-19 UPDATE

### England:

Following the implementation of the 3-Tier Coronavirus alert system from Wednesday 14<sup>th</sup> October 2020, BTC would like to clarify and confirm the application of national and NGB guidelines as follows:

#### **Tier 3 (Very High):**

[GOV.UK guidance](#): “Exercise classes and organised sport can continue to take place outdoors; these will only be permitted indoors if it is possible for people to avoid mixing with people they do not live with or share a support bubble with, or for youth or disability sport.”

If BTC registered clubs adhere to the above and BTC COVID-19 secure guidelines, they may continue to operate.

#### **Tier 2 (High) and Tier 1 (Medium):**

As was updated on 23<sup>rd</sup> September, restricted Taekwondo activities can continue under the strict conditions attached to an organised activity following NGB (BTC) COVID-19 secure guidelines (detailed below), ensuring there is no mixing of households (ie students must train and exercise individually or with members of their household or household bubble).

To clarify, Taekwondo pad work, sparring or competition is not permitted, in line with [Sport England guidelines](#):

*“Any activities which involve contact between participants or contact with equipment that would contravene social distancing guidance (such as pad work) should not go ahead. We’re working with the Department for Digital, Culture, Media and Sport and NGBs to allow the safe return of close-contact sports to happen as soon as possible.”*

### Scotland

The following [guidelines](#) apply:

Children under 11 can play organised contact sport both indoors and outdoors.

When in an indoor facility, those aged 12 and over should only participate in organised non-contact sport and should maintain physical distancing.

All organised sports and activities must follow specific rules and guidance of relevant sport governing bodies, local authorities or businesses who in turn have fully applied related Scottish Government and sportscotland guidance.

Providers should continue to ensure they operate as per the relevant guidance, such as the Scottish Government [guidance on indoor and outdoor sport and leisure facilities](#) and sportscotland’s latest [guidance on sport and physical activity](#).

### **Northern Ireland:**

The following [regulations](#) will be effective **from 6.00pm on 16 October 2020 and will be in place for four weeks.**

- no indoor sport of any kind or organised contact sport involving household mixing other than at elite level
- no mass events involving more than 15 people (except for allowed outdoor sporting events where the relevant number for that will continue to apply)
- gyms may remain open but for individual training only with local enforcement in place

### **Wales:**

As detailed by the [Welsh Sports Association](#), the Welsh Government has confirmed that children will be able to travel out of, or into lockdown areas to participate in sport or other activities from 6pm, 16th October 2020. This change will apply to anyone under the age of 18, and they will be able to be accompanied by one responsible member of their household over the age of 18 if required for transport etc. Adults must stay within their local area if local lockdown arrangements apply.

Gyms and leisure centres can remain open as long as they can maintain all the safety requirements to protect people from the risk of contracting coronavirus. Gyms and leisure centres have to put measures in place to ensure social distancing and good hygiene. They may also need to stop certain activities where people are in close contact because the risk of spreading the virus in the area is higher.

Any additional changes or clarifications will be communicated via the BTC website, social media platforms and direct to BTC registered clubs via their Member Organisation.

Please direct any queries to [email@tkdcouncil.com](mailto:email@tkdcouncil.com)

BTC Executive