

British Taekwondo Council

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BTC COVID-19 Update 5th January 2021

Sport and Physical Activity Protection Levels, Scotland

Sport, Exercise and Outdoor Activity, Wales

Coronavirus (COVID-19) Regulations Guidance: Sports, Northern Ireland

The BTC guidance detailed below is applicable to <u>England</u> only and aligns with <u>Sport</u> <u>England</u> guidelines.

Indoors: U18 (2m): Adults (6 max, 2m) max, 2m) Tier 2 Indoors: U18 (unlimited, 2m): Adults (30 max, 2m) Not currently permitted (not insured) Tier 3 Outdoors: U18 (unlimited, 2m): Adults (30 max, 2m) Not currently permitted (not insured) Tier 4 Outdoors: U18 (unlimited, 2m): Adults (30 max, 2m) Not currently permitted (not insured) Tier 4 Outdoors: U18 (unlimited, 2m): Adults (nousehold/support) Not currently permitted (not insured) National Lockdown Outdoors: U18 (unlimited, 2m): Adults (nousehold/support) Not currently permitted (not insured) Mitigations Outdoors: U18 (unlimited, 2m): Adults (nousehold/support) Not currently permitted (not insured) Mitigations 0. Local Tier restrictions to be adhered to Not currently permitted (not insured) Mitigations • Local Tier restrictions to be adhered to • COVID-19 Risk Assessment with mitigation in place • Maximum number of participants based on venue capacity of 100ff (4m ²) per person • Covil 10 Risk Assessments to be reviewed with mitigation participants based on venue capacity 100ff (4m ²) per person • Coving regular hand sanitising washing regime • Coxia on aspects of TKD syllabus which do not involve face-tiace aciviny or contat <tr< th=""><th>Phase</th><th>0 - Return to Club Training (non-contact, socially distant)</th><th>1 - Using Equipment</th></tr<>	Phase	0 - Return to Club Training (non-contact, socially distant)	1 - Using Equipment
Tier 2 Indoors: U18 (2m): Adults (Nousehold/support of 6 max training bubbles, 2m) Not currently permitted (not insured) Tier 3 Outdoors: U18 (unlimited, 2m): Adults (30 max, 2m) indoors: U18 (unlimited, 2m): Adults (10 max, 2m) bubbles only or 1:1) Not currently permitted (not insured) Tier 4 Outdoors: U18 (unlimited, 2m): Adults (10 max, 2m) indoors: U18 (unlimited, 2m): Adults (10 max, 2m) bubbles only or 1:1) Not currently permitted (not insured) National Lockdown Outdoors: Organised sport for disabled people permitted. (11 with one other person from another household indoors: Not permitted (not insured) Not currently permitted (not insured) Mitigations Local Tier restrictions to be adhered to COVID-19 Risk Assessments to be reviewed with mitigation in place Mitigations Adhere to social distancing and hygiene rules Focus on respects of TKD syllabus which do not involve face-to face activity or contact Focus on aspects of TKD syllabus which do not involve face-to face activity or contact Social distancing must be maintisned for all participants during training described above Gradings must be modified in line with Tier Track & Trace compliance (contact information, attendance, health monitoring) First aid should be administered in line with CVUD-19 secure guidelines Information to be shared with members via verbal instructions, email, website and social media posts	Tier 1	Outdoors: U18 (unlimited. 2m); Adults (30 max, 2m)	U18s (numbers not restricted, 2m) & Adults (bubbles 6
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			 Track & Trace compliance (contact information, attendance, health monitoring)
guidelines			5
 Information to be shared with members via verbal instruction email, website and social media posts 			 Information to be shared with members via verbal instructions, email, website and social media posts