



# British Taekwondo Council

## Administration

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## BTC COVID-19 Update 28<sup>th</sup> May 2021

### Easing of Lockdown Measures in Wales with effect from 2021 (reviewed every 3 weeks)

In line with the Welsh Government's [plan](#) for the phased safe return to sport, recreation and leisure (updated 10<sup>th</sup> May 2021), the Welsh Sports Association have formally confirmed that students of all ages can now engage in contact activities, including pad work and sparring, subject to a robust risk assessment and mitigations. These rules have applied since 3<sup>rd</sup> May 2021.

Students must stay partnered with the same partner together for the duration of the lesson. They can pair with a different partner on different days, but must not change on the same day. To limit risks, face masks may be worn when not active, but it is not compulsory. All partners must be recorded for each class. Pads must be only be shared between the paired students during the class and all equipment must be sanitised before use by other students in other classes.

Regarding ratios in classes, the current rules are confirmed as follows:

- **10 years of age and under:** Unlimited outdoors and indoors but will be as dictated by the NGB instructor/student ratios.
- **11 years - 17 years:** Unlimited for outdoors. Unlimited indoors but restricted as dictated by the NGB risk assessment observing the **legal requirement of 2 metres distancing for all activities** other than contact training. For pad work and contact activities, including sparring, two students should be paired and remain consistent for the class. A record must be kept of these pairings in each class.
- **18 years and over:** maximum 50 students outdoors and 30 students indoors, not including coaches/instructors. 2 metres distancing must still be followed for all activities other than contact training. For pad work and sparring activities, two students should be paired and remain consistent for the duration of the class. A record must be kept of these pairings in each class.

All of the above ratios have to fall in line with National Governing Body guidelines and 2 metre distancing rules apply for all students 11 years of age and over.

Please check the [updated BTC Risk Assessment](#) for guidance on group sizes and mitigations where safety measures are indicated.

Clarification has been sought by clubs regarding the rules for self-isolating if students have been directed to do this from schools, colleges and workplaces. The Welsh Sports Association have confirmed that if students have been directed to self-isolate, they **cannot** attend club training.

BTC Executive  
28<sup>th</sup> May 2021