



British Taekwondo Council

Administration

192 High Street, West Drayton

Middlesex. UB7 7BE ENGLAND

Tel: 01895 459949 • Fax: 01895 430257

Email: admin@tkdcouncil.com • Website: www.tkdcouncil.com

BTC COVID-19 Update 19th July 2021

Easing of Lockdown Measures in England

Combat Sport Framework:

Phase 0 (non-contact, socially distanced activity only)

Phase 1 (return to equipment training)

Phase 2 (return to contact training)

Phase 3 (return to competition)

From today, Monday 19th July 2021, most of the UK Government's COVID-19 restrictions in England have been removed with the progression to [Step 4](#) of the unlocking roadmap.

[Contact Combat Sports](#)

Contact combat sport activities can resume full contact training and competitions for adults and children both indoors and outdoors.

BTC, as the NGB, remains responsible for providing clubs within Taekwondo with information, advice and guidance to enable them to uphold their duty of care and facilitate the safe return to the full syllabus of activities under Phase 2 as detailed above. Club instructors should be mindful of the fears and concerns of those who are worried about returning to dojangs with no restrictions in place, exercise caution and modify activities accordingly. Return to competition, Phase 3, is permitted and events must be planned in accordance with the event risk assessment process, including COVID-19 mitigations, and in line with venue requirements.

Transmission of the COVID-19 virus remains high, and most children and young people have not been vaccinated. Those who have been vaccinated may still catch, experience mild or severe symptoms and transmit the virus. In England, self-isolation will remain a [legal](#) requirement until 27th September 2021. Anyone notified that they should self-isolate should not leave their place of isolation to participate in sport or physical activity. Anyone displaying any COVID-19 symptom(s) should NOT attend training.

Please visit Sport England's [FAQs](#) so see their updates regarding Contact Combat Sports and recommended continued health and safety measures.

In line with the BTC Health and Safety Policy, the [BTC Club Risk Assessment](#) tool has been reviewed and updated with NGB guidance on mitigations where safety measures are indicated. Club instructors are required to review and modify this template to reflect their club's arrangements. Facility providers may also require a copy of your updated club COVID-19 Risk Assessment.

BTC Executive
19th July 2021