



British Taekwondo Council

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BTC COVID-19 Update 17th July 2021

Easing of Lockdown Measures in Wales (reviewed every 3 weeks)

BTC will review and update the NGB guidance when the Welsh Government and the Welsh Sports Association have confirmed any changes to the guidance detailed below:

In line with the Welsh Government's [plan](#) for the phased safe return to sport, recreation and leisure (updated 10th May 2021), the Welsh Sports Association have confirmed that students of all ages can now use contact, including pads and sparring. These rules are for both indoors and outdoors.

Students must stay partnered with the same partner together for the duration of the lesson. They can change to a different partner on different days, but not change on the same day. To limit risks face masks can be worn when not active, but it is not compulsory. All partners must be recorded each class. Any pads must be only be shared between the two students during the class and any equipment must be sanitised before using for other students or another class.

Regarding ratios in classes, the current rules are:

- 10 years of age and under: Unlimited indoors and outdoors.
- 11 years - 17 years: Unlimited for outdoors. Unlimited indoors, but 2 metres distance must still be followed indoors (other than contact training with the two students staying together for the duration of the class).
- 18 years and over: 15 students per class indoors and 30 students outdoors. 2 metres distance must still be followed (other than contact training with the two students staying together for the duration of the class).
- 18 years and over: The limit on organised indoor activities will increase to 30 people from 17th May 2021, subject to confirmation, if conditions allow.

All of the above ratios have to still fall in line with National Governing Body guidelines and 2 metre distance rules for all students 11 years of age and over.

Please check the updated [BTC Risk Assessment](#) for guidance and mitigations where safety measures are indicated.

BTC Executive
17th July 2021