



British Taekwondo Council

Administration

192 High Street, West Drayton

Middlesex. UB7 7BE ENGLAND

Tel: 01895 459949 • Fax: 01895 430257

Email: admin@tkdcouncil.com • Website: www.tkdcouncil.com

BTC COVID-19 Update 17th March 2021

Easing of Lockdown Measures in Scotland with effect from 12th March 2021

- Children and young people under 12 can take part in organised sport, exercise and play in line with workplace and socialising guidance and sport-specific guidance. Not be organised for informal socialising. Max 30 inc instructors / coaches.
- Young people 12-17yrs can take part in outdoor non-contact sports and other organised activities in groups of up to 15 people (inclusive of 2 instructors / coaches) - and travel across local council boundaries to take part in these activities.
- adults can take part in outdoor non-contact sport and organised group exercise in groups of up to 15 people (inclusive of up to 2 instructors / coaches).
 - BTC: U18 and Adult outdoor non-contact training in groups of up to 15 people inclusive of instructor(s). U12 group numbers in line with NGB guidance
 - BTC: Online platforms for indoor sessions

Excerpt from SGB's Return to Sport and Physical Activity:

Table A: Sport & Physical Activity Protection Levels

		Level 0	Level 1	Level 2	Level 3	Level 4	
OUTDOOR SPORT	Overview	An outdoor sporting 'field of play bubble' can consist of a maximum of 30 people including coaches, officials and other support staff at any one time. Multiple bubbles, each with up to 30 people, can be used in training, competition, or small-scale sporting events if all guidance is followed (200 max per day unless with Scottish Govt exemption).					
	Organised outdoor sport, competition, events and Physical Activity (PA)	Children & Young people (u18 years)	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	U12s: Contact sport permitted 12-17 years: Non-contact sport & PA permitted
		Adults (18+ years)	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Non-contact sport & PA permitted Contact sport & PA prohibited	Non-contact sport & PA permitted Contact sport & PA prohibited
INDOOR SPORT	Overview	The number of participants allowed to take part in organised indoor sport or physical activity should follow Scottish Government guidance on the opening of sport and leisure facilities and sport specific SGB Guidance . 'Group' activity refers to adults, who take part in organised sport or physical activity, where the number of participants is larger than allowed under normal household rules. 'Individual exercise' refers to organised sport or physical activity which takes place within household rules i.e. 1:1 coaching. For further information see definitions within this guidance.					
	Organised indoor sport, competition, events and Physical Activity (PA)	Children & Young people (u18 years)	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Indoor sport & PA prohibited: Leisure Centres, gyms and other indoor sports facilities closed.
		Adults (18+ years)	Contact & non-contact sport & PA permitted	Non-contact sport & PA permitted Contact sport & PA prohibited	Non-contact sport & PA permitted Contact sport & PA prohibited	Indoor individual exercise only No contact or non-contact group activity	



5th April 2021

- Young people 12-17yrs can take part in outdoor contact sports

26th April 2021

- Gyms and swimming pools would be open for individual exercise
 - BTC: 1-2-1 indoors NOT permitted

17th May 2021

- Outdoor contact sport for adults and indoor group exercise
 - BTC: NGB guidelines apply for indoor non-contact activities

Early June 2021

- Indoor non-contact sport can take place

BTC Executive
17th March 2021