



British Taekwondo Council

Administration

192 High Street, West Drayton

Middlesex. UB7 7BE ENGLAND

Tel: 01895 459949 • Fax: 01895 430257

Email: admin@tkdcouncil.com • Website: www.tkdcouncil.com

BTC COVID-19 Update 12th May 2021

Easing of Lockdown Measures in England

Combat Sport Framework:

Phase 0 (non-contact, socially distanced activity only)

Phase 1 (return to equipment training)

Phase 2 (return to contact training)

Phase 3 (return to competition)

Some of the rules on what you can and cannot do will change on **17 May**. However, many restrictions remain in place.

Organised indoor sport will be able to take place for all (this includes gym classes). This must be organised by a business, charity or public body and the organiser must take reasonable measures, including the completion of a risk assessment, to reduce the risk of transmission.

Supervised sport and physical activity for under-18s (including those who were under 18 on 31 August 2020), this should be limited to 15 participants.

- **BTC:** Instructor/student ratios apply, as detailed in the [BTC Safeguarding policy](#) (para 5.3)

Step 3: No sooner than 17th May 2021

- **Combat sports:** the government have confirmed that at [Step 3](#) combat sports will stay at Phase 1 for Adults indoor and outdoor, and Phase 2 for U18s indoor and outdoor.
 - **BTC:** U18s may participate in all TKD activities indoors and outdoors.
 - **BTC:** Adults may use pads, kick shields, bags, etc, indoors within defined training bubbles, which should remain consistent in all training sessions.
- **Indoor activity:** can take place informally in groups of up to 6 / 2 households. Indoor organised activity can take place in larger numbers. This means that both adult and children's classes can take place without number restrictions, as long as it is undertaken in line with Covid-secure guidance and adheres to the capacity restrictions for indoor sports facilities (100sqft per person).
- **Outdoor activity:** can take place informally in groups of up to 30 people. Organised outdoor sport can take place with unlimited numbers.
- **Car sharing** can now take place.
- **Spectating** can now take place indoor and outdoor. Spectators need to adhere to social gathering limits (maximum groups of 30 outdoors and maximum groups of six/two households indoors). The rule for indoors is that the total number of participants, coaches, officials and spectators must be in line with the facility guidance on ventilation rates, the maximum occupancy of each indoor facility should be limited by providing 100sq ft per person.



See [here](#) for further details of the Combat Contact Sport Framework.

Please check the [updated BTC Risk Assessment](#) for guidance on group sizes and mitigations where safety measures are indicated.

BTC Executive
12th May 2021