



# British Taekwondo Council

## Administration

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## BTC COVID-19 Update 9<sup>th</sup> April 2021

### Easing of Lockdown Measures in England

#### Combat Sport Framework:

Phase 0 (non-contact, socially distanced activity only)

Phase 1 (return to equipment training)

Phase 2 (return to contact training)

Phase 3 (return to competition)

#### Step 1 (As of 29 March\*)

- Children can return to indoor organised combat sport at phase 2 (contact). This is only where the activity is for the purpose of education or as part of their wraparound care, following wider [DFE](#) and [out of school guidance](#). More information can also be see in the [FAQs on our website](#).
  - [BTC](#): If an instructor is paid by the education provider to provide TKD activities, NOT as a club paying to hire facilities.
- U18s can return to outdoor organised combat sports at phase 2 (contact) of the combat sport framework.
- Adults can return to outdoor organised combat sports at phase 1 (pad work) of the combat sport framework.
- Where the activity is organised there is no limit on numbers of participants, but must be in line with DFE/out of school setting guidance for children. Definition of organised: Organised sport and physical activity must be formally organised by a qualified instructor, club, national governing body, company or charity and follow sport-specific guidance where appropriate. If it does not follow this definition, the session would constitute as informal and must follow general government guidance on social gathering and social contact limits.

#### Step 2 (No earlier than 12 April\*)

- Same rules as step 1 for outdoor activity for both adults and U18s
- U18s can return to organised indoor combat sport at phase 2 (ie contact) children's indoor participation no longer limited by education and wrap around care rule but it is recommended that they work **in groups of 15** in line with the DFE guidance.
  - [BTC](#): Adult:student ratios as per Para 5.3 of the BTC Safeguarding Policy
- Adults can return to organised indoor combat sport at phase 1 (1:1 in line with the broader guidance that indoor facilities can open for individual use only).
  - [BTC](#): The 'broader guidance' is that Adults can attend an indoor gym or space for personal training and cannot be under the active guidance of an instructor as part of a group.
  - [BTC](#): The instructor can wear PPE and rotate between Adults holding shields or similar equipment, ensuring that the equipment is cleaned between each adult.
  - [BTC](#): Adults can receive 1:1 tuition indoors.



- Adults and children would be able to take part in their activity in the same facility provided they have separate coaches/instructors for their sessions, remain socially distanced, comply with ventilation guidance as detailed in the BTC COVID-19 Risk Assessment.

## **BTC Executive**

\*subject to change based on the Chief Medical Officer's decisions as to when it is safe to open up

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This reply is sent from the secretary generals' office, for and on behalf of the British Taekwondo Council.

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Who remains the authority on all correspondence