

# BRITISH TAEKWONDO COUNCIL

## COVID-19 Safety Guidance

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1	Trevor Nicholls	Created	Jun 2020	Jul 2020
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## 1. PURPOSE

The purpose of this guidance document is to facilitate the safe phased return to play of Taekwondo activities outside and inside the dojang in line with Government guidelines as detailed and updated from time to time in light of the prevailing Coronavirus Alert Level, and give confidence to students, spectators, facility providers and other regulatory bodies that Taekwondo is a safe activity which enhances participants' health and mental wellbeing.

This document is an addition to the BTC Health and Safety Policy and procedures.

These guidelines should accompany BTC Club Normal Operating Procedures and Emergency Action Plans (NOP/EAP) whilst COVID-19 remains a threat.

When current restrictions are eased and finally lifted, some of the measures will form part of business as usual.

## 2. RESPONSIBILITIES

Responsibility for the safe phased return to play of Taekwondo is shared, jointly and severally, by the following parties:

- **British Taekwondo Council**

As the National Governing Body (NGB) for Taekwondo in the UK, the BTC exists to promote the benefits of Taekwondo to the widest possible audience and ensure the safe facilitation of Taekwondo activities.

- **BTC Member Organisations**

BTC Member Organisations represent practitioners with different styles and history of Taekwondo and are responsible for their instructors.

- **BTC Club Instructors**

Even if classed as self-employed, club activities create risk to others at any time, not just during the coronavirus outbreak, hence the need for the BTC Health and Safety Policy and instructor training. This guidance is primarily aimed at BTC Club instructors to support their full risk assessment for the safe return to play.

- **Students**

Taekwondo students need to be aware of their own actions and the impact they have on others.

- **Spectators**

Spectators are usually parents or carers of junior or vulnerable Taekwondo students and are valued for their care, support and enabling access to Taekwondo. They too need to be aware of their own actions and the impact they have on others.

- **Facility Providers**

These may be public or private sports facilities, schools or community group venues which provide safe, fit for purpose venues suitable for the delivery of Taekwondo in return for hire fees. They, therefore, share a contractual and legal responsibility, along with the Taekwondo club, to ensure the health and safety of all users.

- **Contractors**

Contractors may attend Taekwondo venues for or on behalf of the venue provider or club instructor. Whilst on site, they must ensure a safe working environment and report any defects that might cause harm to any person attending the venue.

### 3. **HEALTH AND SAFETY MANAGEMENT**

The appended BTC Club COVID-19 Risk Assessment provides a broad view of the many actions which may be required, depending on the individual circumstances of each club or academy, to ensure the safe phased return to play. The Excel document is intended to be a useful tool and assist BTC club instructors in the COVID-19 risk assessment of their club(s) and activities. Not all clubs will require attention to some of the considerations required for full-time academies. Instructors are invited to delete lines which are not relevant and add other items which may be required.

The RAG Rating should reduce as management of the COVID-19 contraction and/or transmission risks becomes embedded and effective, and the spread of the virus nationally diminishes.

### 3. **FURTHER GUIDANCE AND INFORMATION**

- [NHS](#) - information and advice about COVID-19
- [Government](#) - COVID Alert Levels
- [Government](#) - guidance for personal trainers and coaches
- [Government](#) - guidance for Stage 2 for elite international athletes (may be applicable to some BTC participants)
- [Government](#) - guidance for Stage 3 Return to Domestic Competition (not yet applicable to BTC)
- [HSE](#) - working safely during the coronavirus outbreak
- [Sport England](#) - current guidance
- [CIMSPA](#) - Updated guidance on outdoor training and coaching in England – published 1 July 2020
- [CIMSPA](#) - ReOpen: Sport and physical activity sector facility reopening guidance
- [UKActive](#) - Operational guidance