



British Taekwondo Council

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CORONAVIRUS: Latest government guidance and advice

British Taekwondo Council (BTC) would point members to the Government's advice to contain the possible spread of the coronavirus.

Many Taekwondo students, parents, club instructors and officials will have questions about general participation, the running of training sessions, competitions and events and combating the spread of the virus.

The Taekwondo etiquette of shaking hands when greeting or thanking instructors and fellow students may be suspended at this time. BTC will update members when the situation changes.

The latest information issued by the government, detailed below, should hopefully answer many of those questions.

Latest government guidance

The following tailored advice for the sports sector has been developed. This advises:

- There is presently no rationale to close or cancel sporting events, but this may change as the situation evolves, so please keep a close eye on Gov.uk.
- Anyone with flu-symptoms should avoid the risk of spreading their infection, whatever that infection may be, by staying at home and recovering;
- For those hosting sporting events, whatever the size, attendees and participants should stay up to date on the government's latest advice on how to avoid catching or spreading the virus, [which is here](#);
- As the situation progresses advice may follow for the frail, elderly and those with pre-existing health conditions (to be defined) to stay away from gatherings as part of general advice aimed at minimising unnecessary contact with others;
- For those travelling to sporting events overseas, the Foreign Office's travel advice should be [followed here](#) and travellers should note that apart from the countries and territories named in that advice, the government is not presently advising against travel to anywhere else;
- For those who offer community and leisure services, such as running a local football team; or running a gym; hand hygiene should be strongly promoted and encouraged and equipment and facilities should be thoroughly cleaned and wiped down as usual following use. The government is planning to publish specific advice on this shortly;
- There is presently no reason people should stop doing their daily sport and physical activities as they normally would.

Government action plan

You can read the [government's action plan here](#).