



BRITISH TAEKWONDO COUNCIL

INCLUSION – A STATEMENT OF INTENT

INTRODUCTION

Inclusive practice and club improvement are linked. This is reflected in the recent changes in our inclusion policy.

The different parts of the plan will be supported by the development of policy and practice. The starting point for inclusion is the needs of the children and adults.

- The aim of Taekwondo training for children/adults with additional needs – including those with STN, disabilities, or excluded from learning Taekwondo – are no different from those of all children and adults.
- Inclusion is not a state but a process that requires continued and planned development.
- Inclusive practice and school improvement are linked.

WHAT IS INCLUSIVE PHYSICAL TRAINING?

Inclusive physical training uses proven methods of teaching from which all children and adults can benefit; it assumes human differences are normal. Training must be adapted to the needs of the child or adult, not the child, adult fitted to the system.

Therefore, an Inclusive Training Programme that values diversity and meets a wide range of needs improves the achievements, health and fitness of all children and adults.

WHAT DOES THE BRITISH TAEKWONDO COUNCIL BELIEVE?

- Good clubs are inclusive schools.
- All children and adults can learn successfully. The development of more inclusive clubs will help raise standards in fitness and health, by looking at how best to meet the needs of **all** children and adults.
- Including children and adults with additional needs in their local clubs is a major contributor to tackling discrimination. Inclusive Taekwondo training embraces the concept of equality of opportunity for all children and adults.
- It is important to build upon the good practice in our special and full time clubs. This will maintain a range of specialist provision to ensure a choice for parents, carers, children and adults. This is very important for children and adults with severe and complex needs.
- Change should be undertaken step by step, properly funded and guided by evidence of best practice.



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WHAT DOES THE BRITISH TAEKWONDO COUNCIL WANT?

A strategic approach that ensures:-

- All BTC Associations work together to develop inclusive practice.
- Widespread acceptance on the part of club officials and instructors of the aims of inclusion.
- Clear links are made with other key plans from, health, social services and education.
- All students achieving the highest possible standards in learning Taekwondo.
- An approach that allows regular meetings with all concerned to test and check progress towards increasing inclusion.
- Clubs are given the resources they need so that they can make the best choices in meeting the physical needs of children and adults by learning Taekwondo.