BRITISH TAEKWONDO COUNCIL

Safeguarding – Protecting Children Policies and Procedures

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JUNIOR BEHAVIOUR PROCEDURES

The BTC encourages instructors, club officials, senior grades, parents/carers to use techniques that constitute a positive and appropriate behaviour of children and young people. Disciplining children and young people acts as part of their natural development as children sometimes challenge or test adult and other children's authority. Sometimes children simply choose to misbehave in order to gain something (e.g. attention, instructor approval or other student's approval).

The BTC recommend the following procedure as the first line of discipline for children and young people within the club environment.

- Discipline with care, regard, respect
- Listen and communicate
- Focus on the behaviour not the child
- Respond immediately
- Be realistic
- Remain calm
- Be fair
- Do not use physical punishment or threat of such
- Never humiliate the child or young person
- Do not verbally intimidate the child or young person
- Set boundaries
- Make it a learning opportunity
- Be consistent
- Relate to rules and expectations that are in place
- Encourage the child's or young person's cooperation and understanding

Instructors / club officials, Taekwondo senior grades and all parents/carers will be a role model. This can help teach children appropriate behaviour, self control and responsibility whist increasing their self esteem.