BRITISH TAEKWONDO COUNCIL

Safeguarding – Protecting Children Policies and Procedures

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FIRST AID

The Health and Safety (First Aid) Regulations 1981 (amended as of 1st October 2013) were made under the Health and Safety at Work, etc, Act 1974. The regulations specify all the requirements, which must be met in order to provide adequate first aid cover.

The new approved Code of Practice (ACOP) came into effect on 2 July 1990, which details the minimum requirements for first aid at work.

The standard of first aid cover for the school is based on the approved Code of Practice, although in most instances the number of qualified first aiders present far exceeds requirements.

ACOP states that one first aider will be required during normal working hours for every 50 workers. This figure is based on office type activities, which are considered low risk.

The employer is required to make an assessment of his first aid requirements based on activities under his control, but the 1:50 ratio must always be considered a minimum.

In line with the BTC Code of Practice all school instructors and, in the case of cover by an assistant instructor, must hold a current First Aid certificate which is renewable every 3 years.

A template of the Accident/Incident Report form is to be found in your Instructor Pack (Appendix B) and is also downloadable from the BTC website.