BRITISH TAEKWONDO COUNCIL

Safeguarding – Protecting Children Policies and Procedures

Version	Author	Date	Review Date
1	K Beddows	February 2014	February 2017
2	D Sutherill	February 2017	February 2020
3	D Sutherill	December 2019	December 2022
4	*D Sutherill*	*October 2022*	*October 2025*

Go through this checklist yourself or with your parent or another trusted person

You should answer YES to each question.

If you cannot answer YES, ask your parent or another trusted person to take action so that you can.

In relation to your Taekwondo activity:

Do you feel safe from abuse or harm?

Has your Instructor talked to you and other children about how they can help you to be safe and enjoy yourself?

Does the club have a Child Welfare Officer and a Safeguarding Policy responsible for children's safety?

Have you or your parent seen / read this book?

Do you know what sort of physical contact is okay between yourself and an instructor or other person in your class?

Are you aware that some verbal comments are abusive?

Would you tell your instructor, parent or a trusted person, if someone tried to abuse you?

Would you tell your instructor, parent or a trusted person, if you knew of someone else being abused?

Do you feel it is your right NOT to be abused in any way?

Would you phone the **ChildLine *(0800 1111)*** if you were physically or sexually abused?